



Leading People

This is the second part of the five-day Leadership series, designed to prepare organisational leaders to understand their roles, manage teams, use their time productively and manage stress in themselves and their staff.

At work, our emotions can be triggered by criticism, judgement, hostility, change and rejection and depending on our personality and history we all react differently. Understanding how others are feeling and managing work relationships is key to having a successful career. Excelling in this area lifts people out of the realm of management into the realm of leadership. In this session we explore how to manage our own emotions at work and develop trust and loyalty in our teams.

What does this training cover?

- Emotional intelligence in the workplace
- Measuring emotional capital
- Achieving buy-in from your colleagues and team
- Motivating your team
- Managing off-site and remote workers
- Managing multi-generational teams

The Leadership Series includes the following sessions:

- **Day 1:** Understanding Leadership
- **Day 2:** People Management
- **Day 3:** Self-Management
- **Day 4:** Key Management Skills
- **Day 5:** (Part 1) Developing Social Contracts; (Part 2) Psychological Safety

Who is this training for?

Managers, Supervisors, Coordinators, Project Managers and Team Leaders in social and community services, regional and local government organisations and small business.

9:15am-3:30pm

5 days \$750 per person or \$180 per day*

Morning tea and lunch provided

Group rates available

*(excludes GST)

SaraGunning.Training@gmail.com

0416 599 279

Training | Facilitation | Professional Development