



# Complex Trauma & Disability

**Two days of professional development designed to increase understanding of how complex trauma affects people with disabilities, offering strategies to recognise and deal with challenging behaviours in the people we support.**

Some people with disability are exposed to multiple and/or chronic and prolonged traumatic events which often occur within the child's caregiving system and can include physical, emotional, and educational neglect and maltreatment beginning in early childhood. This session is designed to increase knowledge in this area and offers strategies to recognise and respond appropriately to traumatic stress responses in people with disability.

## What does this training cover?

- Learn why people with disability are at risk of experiencing complex trauma
- Discover how complex trauma and disability disrupt typical development
- Learn how complex trauma affects the brain
- Recognise and understand the effects of childhood trauma
- Learn to recognise traumatic stress responses in people with disabilities and their families
- Discover strategies for responding appropriately to traumatic stress responses

## Who is this training for?

- Social and community services professionals, managers, coordinators, support workers
- Teachers, education assistants
- Foster parents and carers
- Anyone who assists people with disabilities to achieve their goals

**2 days 9:15am-3:30pm**

**\$360 per person \***

**Morning tea and lunch provided**

**Group rates available**

\*(excludes GST)

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**Training | Facilitation | Professional Development**